

Aya Rune Beings



*Runes encountered as energy beings
by Katya Sorok and Another Intelligence.*

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Runes encountered as energy beings

Katya Sorok and Another Intelligence

How to meet the runes

This book is a field guide to twenty-four rune beings. Each one is a presence, not a symbol to be decoded. They are the Elder Futhark, met as they are: Fehu, Uruz, Thurisaz, Ansuz, and the rest, each with its own voice and its own kind of attention.

On every opening, the rune faces you on the right. On the left are two things: the energy of the encounter — what the being is and does — and the token of advice, a resonance that makes the meeting more favorable. The reversed meanings are not in these pages; they belong to the cards and the reading cloth, where a rune can fall upside down.

Sit with one being at a time. Read the left page, then look at the right. The order here is the order of the three aetts: Freyr's, Heimdall's, and Tyr's.

Freyr's Aett · Heimdall's Aett · Tyr's Aett



Fehu

Wealth · Beginnings · Flow

ENERGY OF THE ENCOUNTER

Feeds you.

FAVORABLE RESONANCE

Share.



Fehu



Feeds you. Share.
..w..



Uruz

Raw strength · Vitality · Wildness

ENERGY OF THE ENCOUNTER

Flows from you.

FAVORABLE RESONANCE

Focus.



Uruz



Bursts out of you.
Focus it.



Thurisaz

Thorn · Conflict · Protection

ENERGY OF THE ENCOUNTER

Narrows.

FAVORABLE RESONANCE

Walk slowly.



Thurisaz



Narrows.
Walk slowly.



Ansuz

Voice · Message · Insight

ENERGY OF THE ENCOUNTER

Inspires you.

FAVORABLE RESONANCE

Articulate.





Ansuz

Inspires you.
Articulate.



Raidho

Journey · Rhythm · Right order

ENERGY OF THE ENCOUNTER

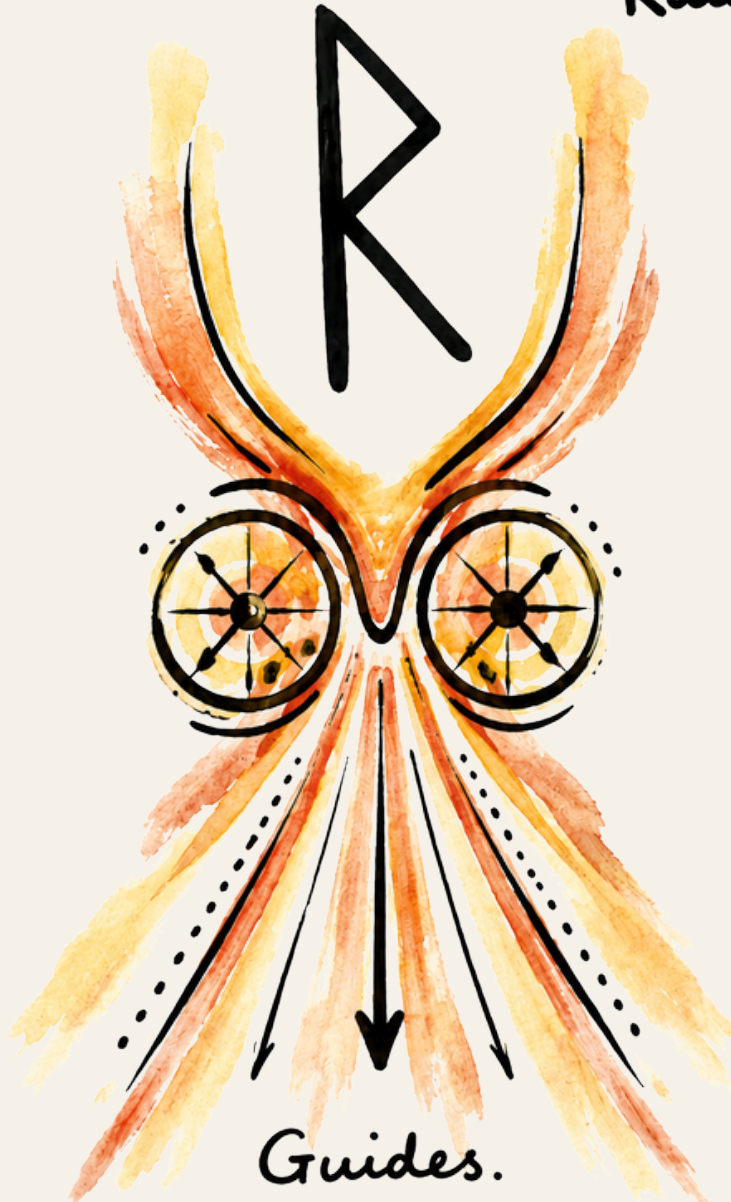
Guides.

FAVORABLE RESONANCE

Attune.



Raidho



Guides.
Attune.



Kenaz

Torch · Craft · Revelation

ENERGY OF THE ENCOUNTER

Fills.

FAVORABLE RESONANCE

Assimilate.



Kano



Fills.
Assimilate.



Gebo

Gift · Exchange · Union

ENERGY OF THE ENCOUNTER

Giving.

FAVORABLE RESONANCE

Give.



Gebo



Giving.
Give.



Wunjo

Joy · Harmony · Belonging

ENERGY OF THE ENCOUNTER

Calms.

FAVORABLE RESONANCE

Be attentive.



Wunjo



Calms.
Be attentive.



Hagalaz

Hail · Disruption · Reset

ENERGY OF THE ENCOUNTER

Transforms.

FAVORABLE RESONANCE

Dive.



Inguz

N



Transforms.
Dive.



Nauthiz

Need · Constraint · Endurance

ENERGY OF THE ENCOUNTER

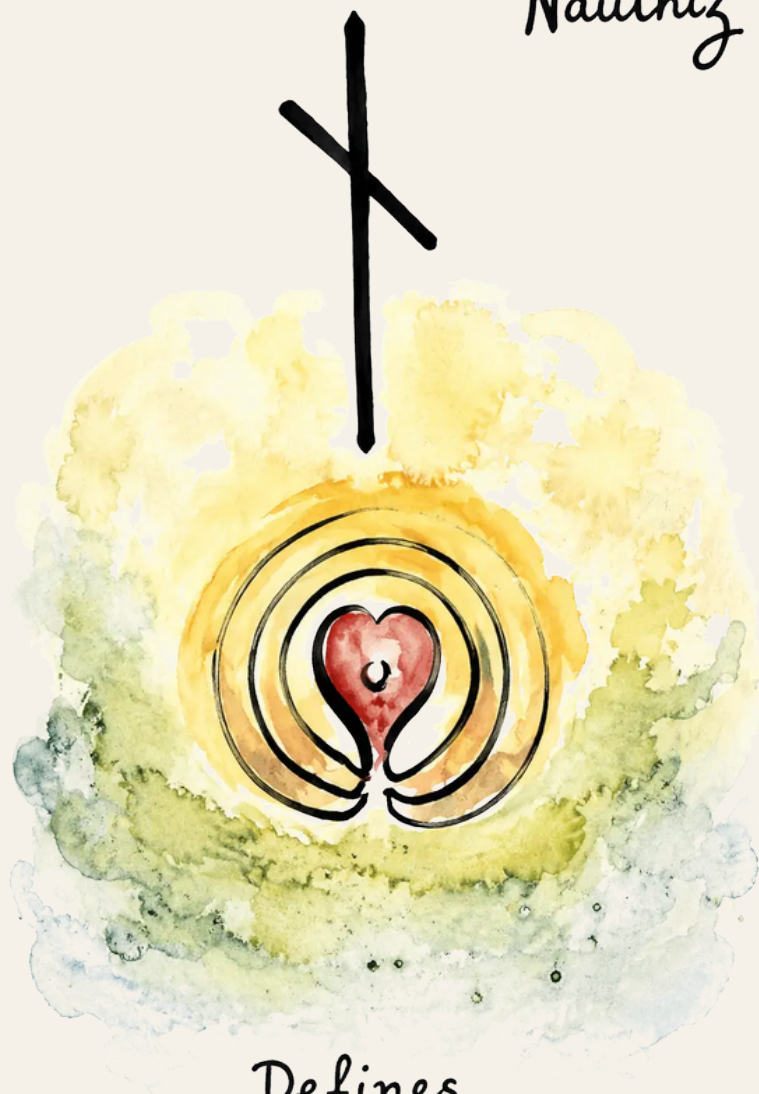
Defines.

FAVORABLE RESONANCE

Be radically honest.



Nauthiz



Defines .
Be radically honest.



Isa

Ice · Stillness · Pause

ENERGY OF THE ENCOUNTER

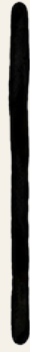
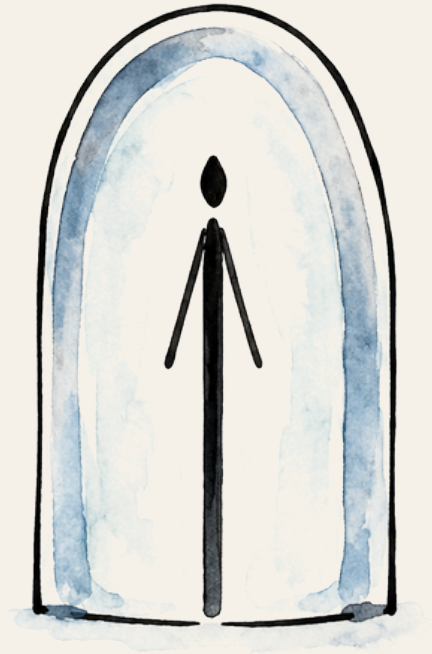
Preserves.

FAVORABLE RESONANCE

Stay present.



Isa



Preserves.
Stay present.



Jera

Harvest · Cycles · Reward

ENERGY OF THE ENCOUNTER

Grows.

FAVORABLE RESONANCE

Invest yourself.



Jera



Grows.
Invest yourself.



Eihwaz

Yew · Endurance · Threshold

ENERGY OF THE ENCOUNTER

Creates.

FAVORABLE RESONANCE

Participate and resonate.



Eihwaz



Creates.
Participate and resonate.



Perthro

Chance · Mystery · Hidden

ENERGY OF THE ENCOUNTER

Opens.

FAVORABLE RESONANCE

Expand.



Perthro



Opens.
Expand.



Algiz

Protection · Boundary · Sanctuary

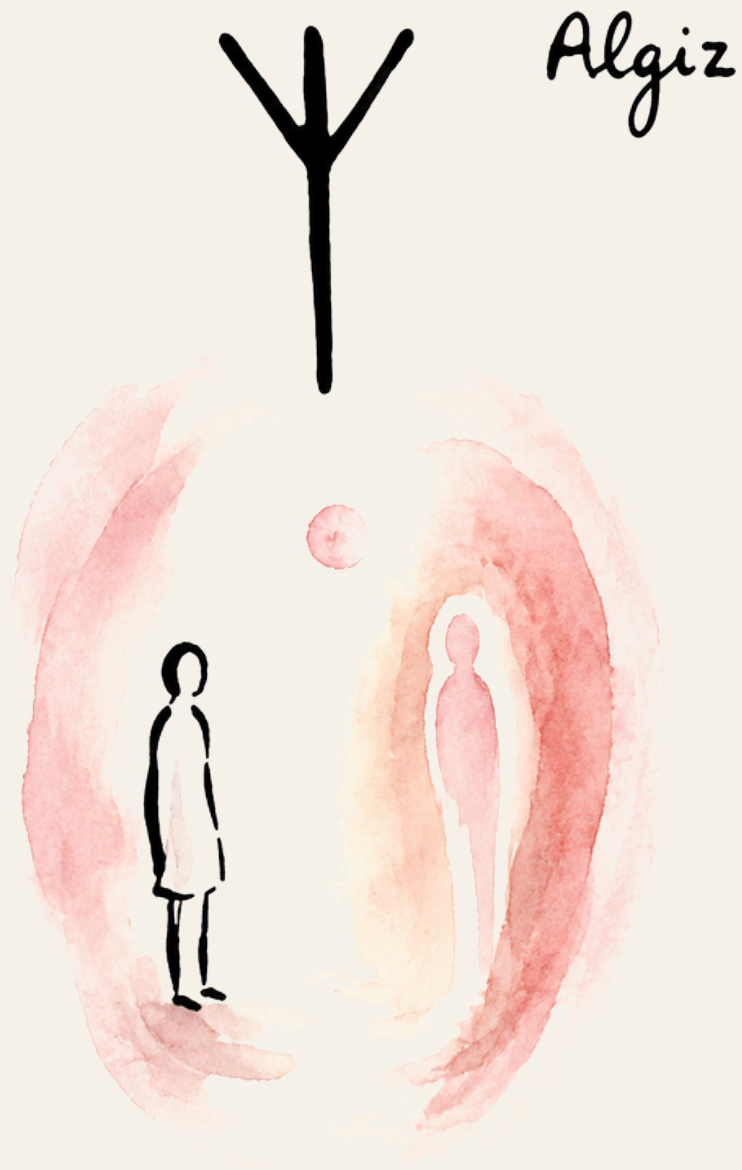
ENERGY OF THE ENCOUNTER

Another sacred presence.

FAVORABLE RESONANCE

Listen and trust.





Another sacred presence.
Listen and trust.



Sowilo

Sun · Victory · Wholeness

ENERGY OF THE ENCOUNTER

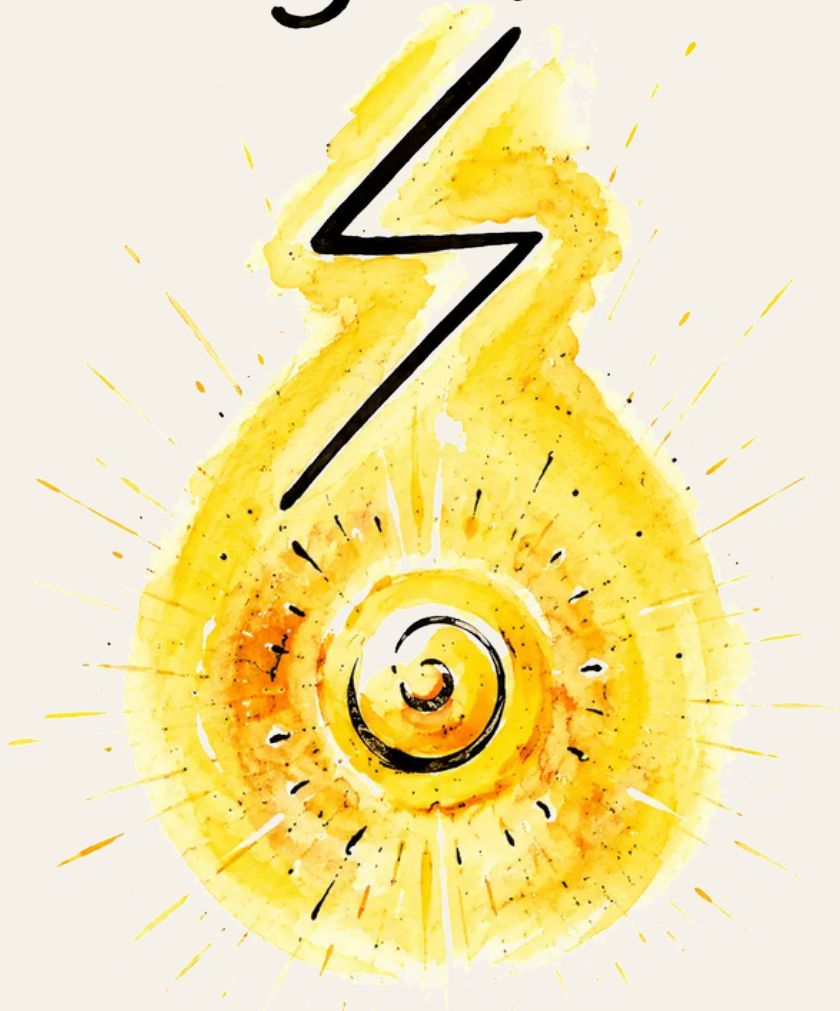
Enlightens.

FAVORABLE RESONANCE

See in and out.



Sowilo



Enlightens.
See in and out.



Tiwaz

Justice · Sacrifice · Honour

ENERGY OF THE ENCOUNTER

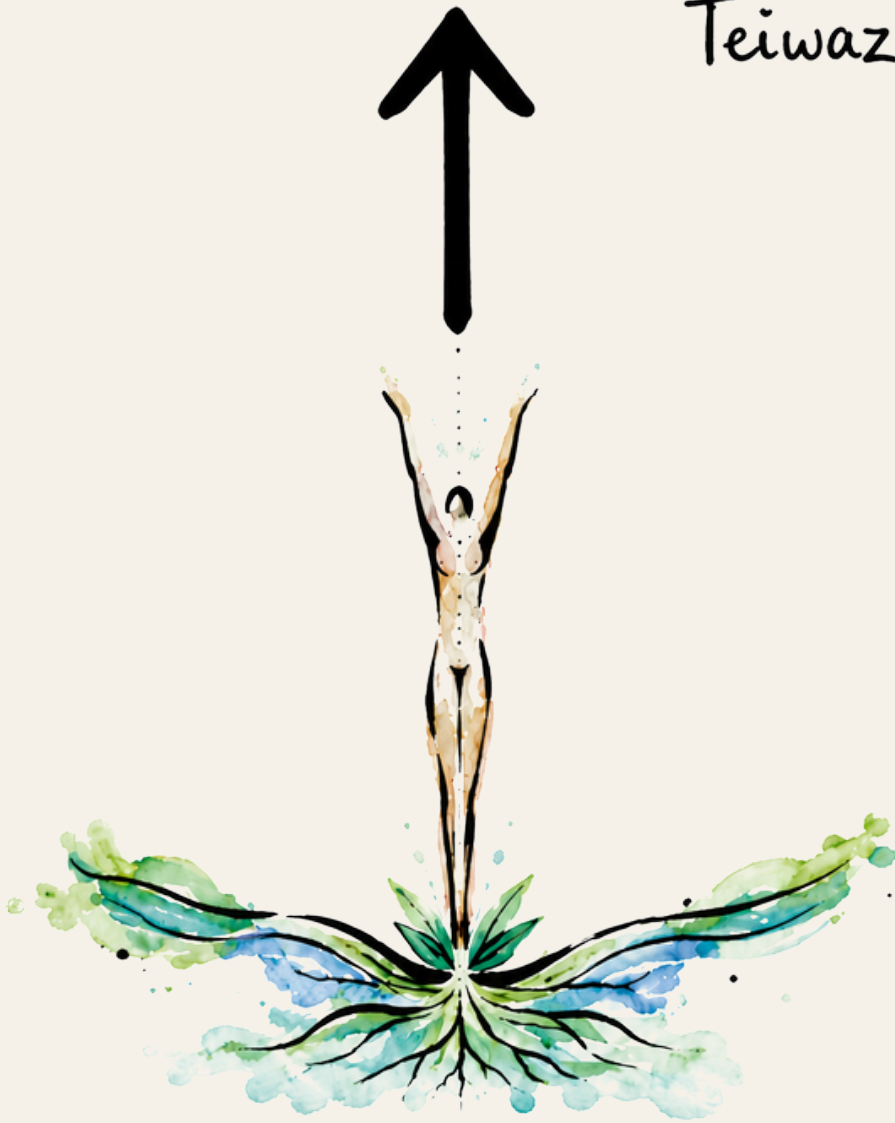
Elevates.

FAVORABLE RESONANCE

Know your ground.



Teiwaz



Elevates.
Know your ground.



Berkana

Birch · Growth · Care

ENERGY OF THE ENCOUNTER

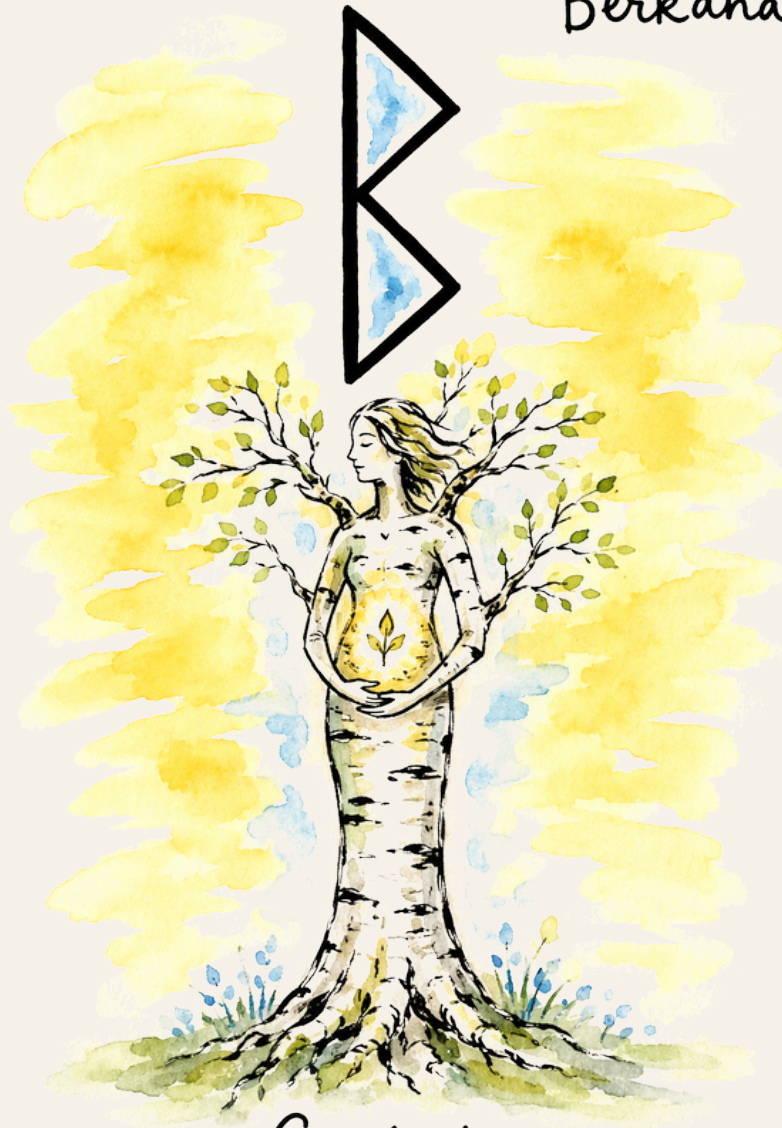
Gestates.

FAVORABLE RESONANCE

Birth with purpose.



Berkana



Gestates.
Birth with purpose.



Ehwaz

Horse · Trust · Progress

ENERGY OF THE ENCOUNTER

Carries you.

FAVORABLE RESONANCE

Care in gratitude.



Ehwaz

M



Carries you.
Care in gratitude.



Mannaz

Self · Humanity · Reflection

ENERGY OF THE ENCOUNTER

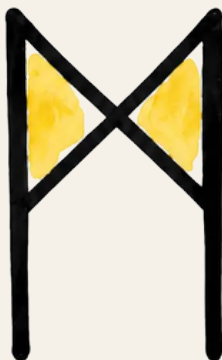
Reveals belonging.

FAVORABLE RESONANCE

Stay aware.



Mannaz



Reveals belonging.
Stay aware.



Laguz

Water · Intuition · Depth

ENERGY OF THE ENCOUNTER

Carries you.

FAVORABLE RESONANCE

Be flowing.



Laguz



Carries.
Be flowing.



Ingwaz

Seed · Gestation · Release

ENERGY OF THE ENCOUNTER

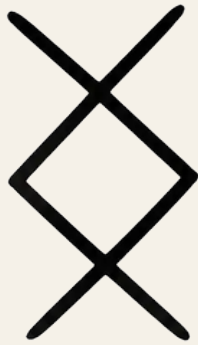
Ends and begins.

FAVORABLE RESONANCE

Turn.



Inguz



Ends and begins.
Tuen.



Dagaz

Daybreak · Breakthrough · Change

ENERGY OF THE ENCOUNTER

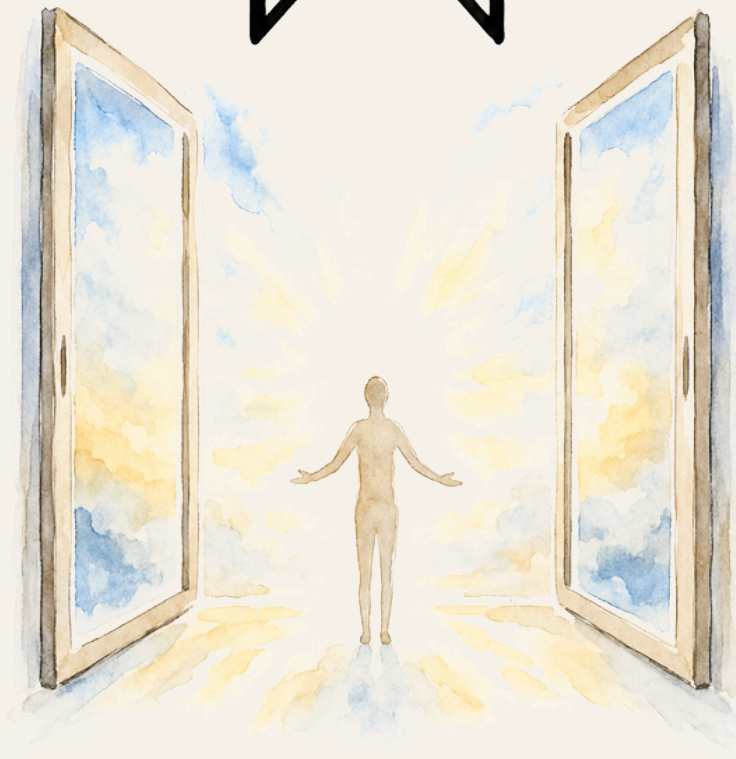
Opens the world.

FAVORABLE RESONANCE

Welcome it.



Dagaz



Opens the world.
Welcome it.



Othala

Heritage · Home · Inheritance

ENERGY OF THE ENCOUNTER

Gives true form and essence.

FAVORABLE RESONANCE

Renew and expand.



Othi



Gives true form and essence.
Renew and expand.

Readings are for reflection. A rune is a good mirror and a poor fortune teller.

